



# Winter Camping Equipment List



## Clothing

Leather Boots/Snow Boots/Moon Boots or Shoes & Overshoes  
Extra pair of boots/shoes  
Leggings or gaiters (can be home made with trash bags using duct tape and kitchen size bags)  
Thermal underwear or sweats (2-3 sets) – polypropylene, if possible  
Wool shirt/sweater (2) – no cotton!  
Wool socks, no cotton! (3 pair)  
Nylon or polyester dress socks or polypropylene sock liners (3 pair)  
Stocking cap/ski mask (2)  
Windbreaker  
Heavy jacket (2)  
Gloves/mittens (2)  
Wool/polyester pants (2 pair minimum) – No cotton!  
Underwear  
Toothbrush/paste  
Toilet paper and trowel  
Towel/washcloth  
Handkerchiefs (3)  
Bandanas (2)  
Poncho/Rain Suit

## Camping Gear

15-20° mummy sleeping bag  
Extra sheet or light blanket  
2-inch thick foam pad or foam pad and heavy duty pad (must have at least 2” of insulation under you)  
Tent and ground cloth  
Water Bottles (2 quarts)  
Whistle (required)  
Flashlight with extra batteries and bulb  
Emergency/space blanket  
Knife, fork, and spoon  
Cup & bowl or plate  
Sunscreen (yes, even in winter)  
Personal first aid kit  
Pocketknife (folding)  
Granola bars or other high-energy  
Chemical hand warmers (optional)  
Snow shoes (optional)  
X-C Skis (optional)

Popular Outdoor (San Mateo and Cutler) has a good selection of foam pads. Resale shops (Savers, etc) and Army surplus shops (Jones Surplus) are good sources for wool clothes.