

Backpacking Personal Equipment (adapted from Philmont Website)

Packing

- Pack with padded hip belt.
- Pack cover (waterproof nylon)
- Several 1-gallon heavy duty Zip Lock plastic bags to pack clothes

Shelter, Sleeping

- Lightweight backpacking tent, 2-person (S), or tarp shelter
- Ground cloth
- Sleeping bag in stuff sack lined with plastic bag
- Sleeping clothes to be worn only in sleeping bag (T-shirt and gym shorts)
- Foam sleeping pad (closed-cell or Therm-a-Rest)

Clothing

Layer A (Hiking Clothes)

- Hiking boots (well broken in)
- Lightweight sneakers or tennis shoes for around camp
- Three pair of heavy socks
- Three pair of lighter inner socks (polypro)
- Changes of underwear (for each day)
- Hiking shorts
- Two short-sleeve shirts (not nylon)
- One hat or cap (flexible, with brim)

Layer B (Cool Evening)

- One long-sleeve shirt (wool or flannel)
- One pair of long pants (cotton or nylon; not heavy jeans)
- One pair of insulated underwear (polypro)

Layer C (Cold)

- One sweater or jacket (wool or polar fleece)
- One stocking cap (wool or polypro)
- One pair of glove liners or mittens (wool or polypro)

Layer D (Cold, Wet, Windy)

- One sturdy rain suit (A)

Cooking, Eating

- Lightweight backpacking stove (S)
- Fuel (S)
- Small pot with lid (S)
- Deep bowl (small, plastic)

- Cup
- Spoon
- Three or four 1-quart water bottles (BB, A)

Personal and Miscellaneous

- Small pocketknife (A)
- Matches and lighter in waterproof container (BB, A)
- Flashlight or headlamp (small with extra batteries and bulb)
- Map (A,S)
- Compass (A)
- Bandana or handkerchief (BB)
- Money (if needed for lunch in transit)
- Lip balm (at least SPF 25) such as ChapStick (BB, A)
- Sunscreen (BB,A)
- Insect repellent (BB,A,S)
- Soap (biodegradable) (BB, S)
- Toothbrush and toothpaste (BB)
- Small towel
- Toilet Kit: Toilet paper in baggie, plastic trowel, hand sanitizer
- Sunglasses
- Ditty bag (for personal items in bear bag)
- Small 1st Aid Kit: Band-aids, Gauze, Tape, Moleskin, Antiseptic, tweezers, plastic gloves
- Small notebook and pencil
- Small, strong cord (for shoelaces, tying things to pack, etc.)
- Uniform and neckerchief (to and from trailhead)

Optional

- Camera
- Film for camera (BB)
- Whistle
- Watch
- Fishing equipment and licenses
- Rubber bands (large, for packing)
- Foot powder (BB, S)
- Notepad and pen
- Daypack for side hikes (S)

Note: No radios, music players, or video game devices. Cellular telephones are only for the adults. Do not bring deodorant or perfumes.

Key

- (BB) Packed together in a plastic bag to be placed in bear bag at night.
- (S) Share with buddy or patrol.
- (A) Easily accessible in pack or carried on person.